

LEGACY X COUNTRY

JULY 13, 2013



XC CLASSES & START TIMES

PRO Men: [3:30 pm Saturday], **Women** [1:00 pm Saturday].

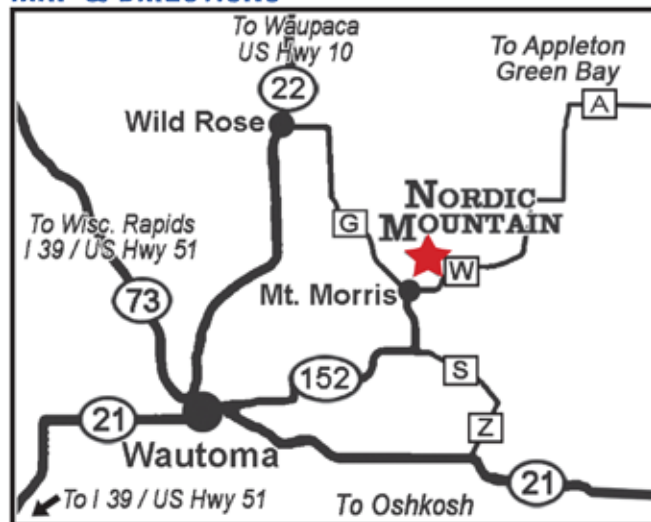
CAT 1 Men: Junior 15-16, Junior 17-18, 19-23, 24-34, 35-44, 45-54 [11:30 am Saturday]. **Women:** Junior 15-16, Junior 17-18, 19-29, 30-39, 40-45 [11:33 am Saturday].

CAT 2 Men: Junior 15-16, Junior 17-18, 19-24, 25-29, 30-34, 35-39 [8:30 am Saturday], 40-44, 45-49, 50-54, Clydesdale [200# or more] & Single Speed: 39 & Under or 40+ [10:00 am Saturday] **Women:** Junior 15-18, 19-29, 30-39, 40-49, 50 & over [9:30 am Sunday].

MASTERS [Cat 1 & Cat 2] Men: 55-59, 60-64, 65 & over and **Women:** 45-49, 50-54, 55 & over, these classes race the Cat 2 course [10:00 am Saturday].

JUNIOR (Male & Female): 7-8, 9-10, 11-12, 13-14 [6:00 pm Saturday Start].

MAP & DIRECTIONS



From the Northwest: I-39/US Hwy 51 S to Exit 136, St. Hwy 73 east to Cty Rd. P. East on P to St. Hwy. 22 to Cty Rd. G. Left on G through Mt. Morris to Cty Rd W. Left on W less than 1 mile to Nordic Mountain on left.

From The Northeast: US Hwy 10 W to St. Hwy 49 S Right on Cty Rd. A. CR-A to W. Left on W to venue.

From the South: I-39/US Hwy 51N to exit 124, St Hwy 21 east to Wautoma. Left on St. Hwy 153 to Cty Rd. W. East on P to St. Hwy 22 to Cty Rd. G. Left on G through Mt. Morris to Cty Rd. W. Left on W less than 1 mile to Nordic Mountain on left.

From the East & Southeast: Exit US Hwy 41 at Exit 119 (Oshkosh). Take St. Hwy 21 west to Cty Rd. Z. Right on Z which becomes Cty Rd. S to St Hwy 152. Right on 152 to W. Left on W to Nordic Mountain on left.

GPS Address: Nordic Mountain, W5806 Cty Rd W. Wild Rose, WI 54984

XC REGISTRATION

Register online before midnight July 8th at www.wors.org or by mail before July 6th.

LATE / ONSITE REGISTRATION:

Friday: 2:00-7:00 PM, Pros must register by 5:00 PM Friday!

Saturday: 7:00 AM until 1/2 hour before your race.

Sunday: 7:30-8:30 AM [Cat 3 only]

XC AWARDS:

PROS Equal prize money to top 3 men and women. \$4500 total paid out over top 20 places to men and \$3500 total paid out over top 15 women.

CAT 1 \$750 for men and \$500 for women.

AMATEUR Medals to top five in all amateur classes.

USA Cycling Midwest Regional Champion belt buckles to top regional pros and amateurs.

All cash awards require attendance of recipient at awards ceremony.

Race Category	Start Times	Race Duration	Entry Fees	Late Reg. Fee
SATURDAY JULY, 13				
Cat 2 Wave #1	8:30 AM	1 HR 15 MIN	\$27 *	\$33 *
Cat 2 Wave #2	10:00 AM	1 HR 15 MIN	\$27 *	\$33 *
Cat 1 Men	11:30 AM	1 HR 20 MIN	\$32 **	\$38 **
Cat 1 Women	11:35 AM	1 HR 20 MIN	\$32 **	\$38 **
Pro Women	1:00 PM	1 HR 30 MIN	\$50	\$60
Pro Men	3:30 PM	1 HR 40 MIN	\$50	\$60
Kids Race	5:30 PM	5-10 MIN	\$3	\$3
Junior [Ages 7-14]	6:00 PM	35 MIN	\$18	\$24
SUNDAY JULY, 14				
CAT 3	9:00 AM	45 MIN	\$25	\$31

* Juniors [15-18 race age]-\$18 & \$24

** Juniors [15-18 race age]-\$27 & \$33



**USA CYCLING MIDWEST
REGIONAL CHAMPIONSHIP**



IMPREZA SHORT TRACK

JULY 14, 2013



"THE HURRICANE OF PAIN"

Short Track is a lightning fast race of short duration on a compact, off-road course. Great for spectators and for those racing, the pain is far surpassed by the adrenaline rush of cheering fans.

REGISTRATION:

Register online before midnight July 8th at www.wors.org or by mail before July 6th.

LATE / ONSITE REGISTRATION: Friday 2:00-7:00 PM, Saturday 8:00 AM till 4:00 PM. No Sunday Registration.

AWARDS:

Medals to top five in each class, men and women. Cash to Cat 1 men & women for overall and age class placing. (go to: www.subarucup.com for details) Impreza Short Track Pro Prize List: Equal payout to top three men and women. \$1250 for top 10 Men, \$300, \$225, \$150, \$125, \$100, \$90, \$80, \$70, \$60, & \$50. \$775 for top 6 Women, \$300, \$225, \$150, \$100, \$75, & \$50. All cash awards require attendance of recipient at awards ceremony.

ENTRY FEES:

ON-TIME Cat 2 - \$20, Cat 1 - \$25, and Pro - \$35.

LATE REGISTRATION Friday & Saturday \$6 more.

Race Category	Start Times	Race Duration	Race Classes
Cat 2 Women	10:30 AM	10 min + 2 laps	15-18, 19-29, 30-39 Masters 40+
Cat 2 Men	10:50 AM	12 min + 2 laps	15-18, 19-34, 35-45 45-54, Masters 55+
Cat 1 Women	11:50 AM	12 min + 2 laps	15-18, 19-34, 35+
Cat 1 Men	12:10 AM	16 min + 2 laps	15-18, 19-23, 24-34, 35-44, 45+
Pro Women	1:00 PM	18 min + 3 laps	
Pro Men	1:45 PM	20 min + 3 laps	

POWERED BY

SRAM

OUTBACK SUPER D

JULY 14, 2013



COURSE:

The course for this event starts at the top of the ski lifts and finishes near the Subaru Cup Expo area making it approximately 75% gravity assisted. The 2012 course redesign was well received and even more fun is planned for this year's course.

RACE FORMAT:

Waves of 15 or fewer. Starting at 3 pm, racers will leave at 4 minute intervals by a LeMans start. Start Order will be posted at noon on Sunday. Any racer overtaken by a racer from a later wave MUST yield immediately!

RACE CATEGORIES:

Open Men & Women (Pro & Cat 1), Cat 2 Men & Women, and Cat 3 Men & Women (USA Cycling one day license available for Cat 2 & Cat 3 at a cost of \$5)

CLASSES:

OPEN: (PRO & CAT 1)

Men & Women: Junior 15-18, 19-29, 30-39, 40 & over, Cat 2 & Cat 3 Men: 18 & under, 19-29, 30-39, 40-49, 50 & over and Cat 2 & Cat 3 Women: 18 & under, 19-34, 35 & over.

REGISTRATION:

Register online before midnight July 8th at www.wors.org or by mail before July 6th.

LATE / ONSITE REGISTRATION: Friday 2:00-7:00 PM, Saturday 8:00 AM till 4:00 PM, Sunday 8:00-10:00AM.

ENTRY FEES: On-time: Cat 3 & Cat 2 - \$20, Open - \$30. Late: Friday, Saturday & Sunday - \$6 more.

AWARDS:

Medals to top three in each class, men and women. Cash to Open men & women by overall placing. Equal payout to top three men and women.

OUTBACK SUPER D OPEN PRIZE LIST: \$550 for top 8 Men, \$150, \$105, \$80, \$60, \$50, \$40, \$35, \$30 and \$450 for top 5 Women, \$150, \$105, \$80, \$50, \$35. All cash awards require attendance of recipient at awards ceremony.

PRESENTED BY

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