

DISCIPLINE KEY

CROSS-COUNTRY = XC SHORT-TRACK CROSS-COUNTRY = STXC

DOWNHILL = DH FOUR CROSS = 4X SUPER DOWNHILL = SD

ABILITY CATEGORY KEY

PROFESSIONAL (ELITE) = PRO CATEGORY 1 = C1 CATEGORY 2 = C2 CATEGORY 3 = C3

CLASSES (AGE-GROUPS) KEY

A RIDER COMPETES IN THEIR AGE-GROUP BASED ON THEIR AGE AS OF DECEMBER 31 OF THE CURRENT YEAR)

WEDNESDAY, 14 JULY 2010

TIME	FUNCTION	LOCATION
12:00pm-6:00pm	Registration Open	Sol Vista Lodge – 2 nd floor
12:30pm-6:00pm	PRACTICE – Cross-country – All categories	Pro & Amateur XC Courses
12:30pm-6:00pm	WALKING INSPECTION – Downhill	Pro & Amateur DH Courses
6:00pm	Registration CLOSE – <u>Cross-country</u> Category 2 (all ages); Category 3 (all ages)	Sol Vista Lodge – 2 nd floor
6:30pm	Athlete & Team Manager Meeting	Sol Vista Lodge – 2 nd floor

THURSDAY, 15 JULY 2010

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TIME	FUNCTION	LOCATION
7:00am-6:00pm	Registration Open	Sol Vista Lodge – 2 nd floor
7:00am-8:00am	WALKING INSPECTION – Downhill	Pro & Amateur DH Courses
7:00am-9:00am	PRACTICE – Cross-country – All categories	Pro & Amateur XC Courses
8:00am-10:50am	PRACTICE-Downhill Category 2 (all ages), Category 3 (all ages) Junior/10 & under, 11-12, 13-14	Amateur DH Course
8:00am-11:00am	PRACTICE – 4X Male: Pro; Category 1/15-18, 19-29, 30-39, 40+ Female: Pro	4X Course
10:00am	RACE – Cross-country – Category 3 Male: 15-18, 19-29, 30-39, 40-49, 50-54 Female: 15-18, 19-29, 30-39, 40-44	Amateur XC Course Start times will be staggered per gender & age-group
11:00am-1:30pm	PRACTICE – SUPER D	Super D Course
11am-1:50pm	PRACTICE – Downhill – Category 1 (except 17-18 male)	Amateur DH Course
12:30pm	AWARDS – Cross-country – Category 3	Awards Stage

^{*}RIDERS MUST HAVE NUMBER PLATE ON BIKE AT ALL TIMES TO PRACTICE ON COURSE

^{*}CROSS-COUNTRY RIDERS MAY PRACTICE ON XC COURSE DURING NON-RACING TIMES.

^{*}DOWNHILL PRACTICE IS RIDE-ONLY, UNLESS SPECIFIED ON SCHEDULE FOR WALKING INSPECTION



MOUNTAIN BIKE GRANBY, CO

THURSDAY, 15 JULY 2010

	RACE - Cross-country - Category 2	Amateur XC Course
2:00pm	Male: 15-18, 19-29, 30-34, 35-39, 40-44, 45-49, 50-54	Start times will be staggered per
	Female: 15-18, 19-29, 30-39, 40-44	gender & age-group
	PRACTICE – 4X	
2:00nm E:00nm	Male: Junior 14 & under	4X Course
2:00pm-5:00pm	Male: Category 2/3 (combined) -15-18, 19-29, 30-39, 40+	4A Course
	Female/open (combined categories & ages)	
	PRACTICE – Downhill	
2:00pm-5:00pm	Male: Pro & Category 1/17-18	Pro DH Course
	Female: Pro	
5:00pm	AWARDS - Cross-country - Category 2	Awards Stage
	Registration CLOSE	
	<u>Cross-country</u>	
	Male: U23 & Category 1/15-16, 17-18	
	Female: U23 & Category 1/15-16, 17-18	
	<u>Downhill</u>	
	Male: Category 2 (all ages); Category 3 (all	
6:00pm	ages); Junior/10 & under, 11-12, 13-14	Sol Vista Lodge – 2 nd floor
	Female: Category 2 (all ages); Category 3 (all	
	ages); Junior 10 & under, 11-12, 13-14	
	<u>4X</u>	
	Male: Pro; Category 1 (all ages), Category 2/3	
	(combined), Junior 14 & under	
	Female/open (combined categories & ages)	
6:00pm	Athlete & Team Manager Meeting	Sol Vista Lodge – 2 nd floor

FRIDAY, 16 JULY 2010

FRIDAY, 16 JULY 2010		
TIME	FUNCTION	LOCATION
7:00am-6:00pm	Registration Open	Sol Vista Lodge – 2 nd floor
7:00am-9:00am	PRACTICE – Cross-country (all categories)	Pro & Amateur XC Courses
7:00am-7:45am	WALKING INSPECTION – Downhill	Pro & Amateur DH Courses
8:00am-10:00am	PRACTICE – Downhill – Category 1 (except 17-18 male)	Amateur DH Course
9:00am	National Championship RACE Cross-country Female: U23	Pro XC Course
9:05am	National Championship RACE Cross-country Female: Category 1 - 15-16, 17-18	Pro XC Course
10:30am-1:00pm	PRACTICE – 4X – PRO & Category 1	4X Course
10:30am-1:30pm	PRACTICE- Downhill Category 2 (all ages),Category 3 (all ages), Junior/10 & under, 11-12, 13-14	Amateur DH Course



MOUNTAIN BIKE GRANBY, CO

FRIDAY, 16 JULY 2010

FRIDAY, 16 JULY 2010		
11:30am-2:00pm	PRACTICE – Super D	Super D Course
12:00pm	National Championship RACE	Pro XC Course
	Cross-country – U23 Male	TTO AC COURSE
	National Championship RACE	
12:05pm	Cross-country	Pro XC Course
	Male: Category 1 - 15-16, 17-18	
	PRACTICE – 4X	
1:00pm-2:00pm	Male: Junior 14 & under, Category 2/3	4X Course
	Female: open (all ages & categories except Pro)	
1:40pm-4:30pm	PRACTICE – Downhill	Pro DH Course
	PRO & Category 1/17-18 Male	110 211 600132
	QUALIFYING – 4X	
2:00pm	Male: Junior/14 & under, Category 2/3	4X Course
	Female: open (all ages & categories except Pro)	
	National Championship RACE	Pro XC Course
3:00pm	Cross-country	Start times will be staggered per
Sies piii	Male: Junior 10 & under, 11-12, 13-14	gender & age-group
	Female: Junior 10 & under, 11-12, 13-14	genaer er age group
	National Championship RACE	
	4X	
	Female: open (all ages & categories except Pro)	
4:00pm	Male: Junior 14 & under	4X Course
	RACE	
	4X	
	Male: Category 2/3 - 15-18, 19-29, 30-39, 40+	
	PRACTICE – 4X	
5:30pm-6:30pm	Male: Pro & Category 1	4X Course
	Female: Pro	
5:30pm	AWARDS – ALL FRIDAY RACES	Awards Stage
	Registration CLOSE	
	<u>Cross-country</u>	
	Male: Pro; Category 1 (all age-groups)	
	Singlespeed; Masters/55-59, 60-64, 65-69, 70+	
6:00pm	Female: Pro; Category 1 (all age-groups)	and e
	Singlespeed; Masters/45-49, 50-54, 55-59, 60+	Sol Vista Lodge – 2 nd floor
	<u>Downhill</u>	
	Male: Junior 10 & under, 11-12, 13-14	
	Category 1 (all age groups)	
	Category 2 (all age-groups)	
	Category 3 (all age-groups)	
6:30pm	QUALIFYING – 4X	
	Male: Pro & Category 1	4X Course
	Female: Pro	



MOUNTAIN BIKE GRANBY, CO

7:30pm	Athlete & Team Manager Meeting	Sol Vista Lodge – 2 nd floor	
SATURDAY, 17 JULY 2010			
TIME	FUNCTION	LOCATION	
7:00am-6:00pm	Registration Open	Sol Vista Lodge – 2 nd floor	
7:00am-7:45am	WALKING INSPECTION – Downhill	Pro & Amateur DH Courses	
7:00am-8:00am	PRACTICE – Cross-country	Pro & Amateur XC Courses	
8:00am	National Championship RACE Cross-country Male: Category 1/19-24,25-29,30-34,35-39,40- 44,45-49,50-54; Singlespeed; Masters-55-59, 60-64, 65-69, 70+ Female: Category 1/19-24,25-29,30-34,35- 39,40-44; Singlespeed; Masters/45-49,50-54,55- 59,60+	Amateur XC Course Start times will be staggered per gender & age-group	
8:00am-8:45am	PRACTICE – Downhill Pro & Category 1 Male 17-18	Pro DH Course	
9:00am-9:45am	PRACTICE – Downhill Male: Category 2 (all ages); Category 3 (all ages); Junior/10& under,11-12,13-14 Female: Category 2 (all ages); Category 3 (all ages); Junior 10 & under, 11-12, 13-14	Amateur DH Course	
10:00am	National Championship RACE Downhill Male: Junior 10 & under, 11-12, 13-14 Female: Junior 10 & under, 11-12, 13-14 RACE - Downhill Male: Category 2/15-18, 19-24,25-29,30-34,35-39, 40-49, 50+; Category 3/15-18, 19-29,30-34,35-39,40+ Female: Category 2/15-18,19-29,30-39,40+; Category 3/15-18,19-29,30+	Amateur DH Course	
11:15am	National Championship RACE Cross-country Female PRO	Pro XC Course	
12:00pm-1:30pm	PRACTICE – Downhill Male: Category 1 (all ages except 17-18) Female: Category 1 (all ages)	Amateur DH Course	
1:30pm-2:30pm	AWARDS Cross-country Category 1, Singlespeed, Masters Downhill Junior 10 & under, 11-12, 13-14 Category 2 & Category 3	Awards Stage	



MOUNTAIN BIKE GRANBY, CO

SATURDAY, 17 JULY 2010

TIME	FUNCTION	LOCATION
2:00pm	National Championship RACE Downhill Male: Category 1/19-24,25-29,30-34,35-39,40- 44,45-49,50+ Female: Category 1/15-18,19-29,30-39,40+	Amateur DH Course
2:30pm	National Championship RACE Cross-country Male PRO	Pro XC Course
4:00pm-6:00pm	PRACTICE – 4X – Pro & Category 1 (all ages)	4X Course
5:30pm	AWARDS Cross-country Male & Female PRO	Awards Stage
6: 00 pm	Registration CLOSE Short-track Cross-country Super D	Sol Vista Lodge – 2 nd floor
6:30pm	National Championship RACE 4X Male: PRO; Category 1/15-18,19-29,30-39,40+ Female: PRO	4X Course
7:30pm	AWARDS 4X PRO & Category 1 (all ages) Downhill – Category 1 (except17-18 male)	Awards Stage

SUNDAY. 18 JULY 2010

JUNDAT, 10 JULI 2010		
TIME	FUNCTION	LOCATION
7:00am-12:00pm	Registration Open – Packet Pick-up Only	Sol Vista Lodge – 2 nd floor
7:00am-8:00am	PRACTICE – Super D (all ages)	Super D Course
8:00am	National Championship RACE Super D Male: PRO/open, 18 & u,19-29,30-39,40-49,50+ Female: PRO/open,18 & u,19-29,30-39,40+	Super D Course Start times will be staggered per gender & age-group
9:30am-11:00am	PRACTICE – Downhill – PRO & Male Category 1/17-18	Pro DH Course
10:00am	National Championship RACE Short-track Cross-country Female: Category 1 (all ages)	STXC Course
10:45am	National Championship RACE Short-track Cross-country Male: Category 1 (15-18)	STXC Course



MOUNTAIN BIKE GRANBY, CO

11:30am	National Championship RACE Short-track Cross-country	STXC Course
221000111	Male: Category 1 (19-29)	5 TAG GGGIISC
	QUALIFYING – Downhill	
11:30am	Male: PRO; Category 1/17-18	Pro DH Course
	Female: PRO	
	National Championship RACE	
12:15pm	Short-Track Cross-country	STXC Course
	Male: Category 1/30+	
	AWARDS	
1:00pm	Short-track Cross-country (all ages)	Awards Stage
	Super D (all ages)	
	National Championship RACE	
1:45pm	Short-track Cross-country	STXC Course
	Female PRO	
	National Championship RACE	
2:30pm	Short-track Cross-country	STXC Course
	Male PRO	
	National Championship RACE	
3:00pm	Downhill	Pro DH Course
	Female PRO	
	National Championship RACE	
3:45pm	Downhill	Pro DH Course
	Male: PRO; Category 1/17-18	
	AWARDS	
5:15pm	Short-track Cross-country (PRO)	Awards Stage
	Downhill (PRO & Category 1 Male 17-18)	