



CYCLO-CROSS

## 2009 USA CYCLING CYCLO-CROSS NATIONAL CHAMPIONSHIPS DECEMBER 10-13, 2009

<b>WEDNESDAY</b> 9 AM-1PM AND 2PM-8PM REGISTRATION/PACKET PICK-UP			
<b>DECEMBER 9</b>			
<b>THURSDAY</b>	<b>TIME</b>	<b>EVENT</b>	<b>DURATION</b>
<b>DECEMBER 10</b>	<b>7:30 A.M.</b>	<b>COURSE OPEN</b>	
	8:30 A.M.	B WOMEN ALL	45 MIN
	9:45 A.M.	B MEN U29	45 MIN
	11:00 A.M.	B MEN 30-39	45 MIN
	<b>12:00 P.M.</b>	<b>AWARDS/COURSE OPEN</b>	
	1:00 P.M.	MASTERS MEN 55-59	45 MIN
	2:15 P.M.	MASTERS MEN 60-64	40 MIN
		MASTERS MEN 65-69	40 MIN
		MASTERS MEN 70+	40 MIN
	3:30 P.M.	B MEN 40+	45 MIN
	<b>4:30 P.M.</b>	<b>AWARDS/COURSE OPEN</b>	
<b>FRIDAY</b>	<b>7:00 A.M.</b>	<b>COURSE OPEN</b>	
<b>DECEMBER 11</b>	8:00 A.M.	JUNIOR WOMEN 10-12	20 MIN
		JUNIOR WOMEN 13-14	20 MIN
	8:30 A.M.	JUNIOR WOMEN 15-16	30 MIN
		JUNIOR WOMEN 17-18	30 MIN
	9:15 A.M.	JUNIOR MEN 10-12	20 MIN
		JUNIOR MEN 13-14	20 MIN
	10:00 A.M.	JUNIOR MEN 15-16	30 MIN
	11:00 A.M.	SINGLE SPEED	40 MIN
	<b>12:00 P.M.</b>	<b>AWARDS/COURSE OPEN</b>	
	1:00 P.M.	MASTERS WOMEN 40-44	40 MIN
		MASTERS WOMEN 45-49	40 MIN
		MASTERS WOMEN 50-54	40 MIN
		MASTERS WOMEN 55-59	40 MIN
		MASTERS WOMEN 60+	40 MIN
	2:15 P.M.	MASTERS WOMEN 30-34	40 MIN
		MASTERS WOMEN 35-39	40 MIN
	3:30 P.M.	MASTERS MEN 45-49	40 MIN
	<b>4:30 P.M.</b>	<b>AWARDS/COURSE OPEN</b>	
<b>SATURDAY</b>	<b>7:00 A.M.</b>	<b>COURSE OPEN</b>	
<b>DECEMBER 12</b>	8:30 A.M.	MASTERS MEN 50-54	45 MIN
	9:30 A.M.	MASTER MEN 40-44	45 MIN
	10:30 A.M.	JUNIOR MEN 17-18	40 MIN
	<b>12:00 P.M.</b>	<b>AWARDS/COURSE OPEN</b>	

	<b>1:00 P.M.</b>	<b>U23 MEN</b>	<b>50 MIN</b>
	<b>2:15 P.M</b>	<b>MASTERS MEN 35-39</b>	<b>45 MIN</b>
	<b>3:30 P.M</b>	<b>MASTERS 30-34</b>	<b>45 MIN</b>
	<b>4:30 P.M.</b>	<b>AWARDS/COURSE OPEN</b>	
<b>SUNDAY</b>	<b>7:30 A.M.</b>	<b>COURSE OPEN</b>	
<b>DECEMBER 13</b>	<b>8:30 A.M.</b>	<b>COLLEGIATE MEN D2</b>	<b>45 MIN</b>
	<b>9:45 A.M</b>	<b>COLLEGIATE M D1</b>	<b>45 MIN</b>
	<b>10:45 AM</b>	<b>COURSE OPEN</b>	
	<b>11:15 A.M</b>	<b>ELITE/U23 WOMEN</b>	<b>40 MIN</b>
	<b>12:00 P.M.</b>	<b>COURSE OPEN</b>	
	<b>1:00 P.M.</b>	<b>COLLEGIATE WOMEN</b>	<b>40 MIN</b>
	<b>1:45 PM</b>	<b>COURSE OPEN</b>	
	<b>2:30 P.M.</b>	<b>ELITE MEN</b>	<b>60 MIN</b>
	<b>4:00 P.M.</b>	<b>AWARDS</b>	