

## Important Rules for USA Cycling BMX National Championships

- 1. All riders (Championship and Challenge Class) must be able to prove USA Citizenship on site. All riders must present a valid USA passport or birth certificate as proof of US Citizenship.
- 2. All riders will be required to fill out an ABA license application and sign the ABA waiver. This is free for non-ABA members attending the event. Riders will also sign a USA Cycling event and Media release waiver.
- 3. All riders competing in the USA Cycling BMX National Championship must use a full-face helmet and gloves that cover the fingers.
- 4. All age categories contested at the USA Cycling BMX National Championship will be based on UCI racing age. UCI racing age is determined by subtracting the year of your birth from 2008. The only exception is that the minimum age of 5 refers to actual biological age. A rider must be at least 5 on the day of competition to compete.
- 5. Riders 17 and over have two available classes (Championship and Challenge). The choice of Championship or Challenge is made for the whole BMX season, which began August 1<sup>st</sup>, 2007 and goes through July 31<sup>st</sup>, 2008. If a riders has competed in any of the UCI BMX races this season (NBL Grand Nationals, Christmas Classic, Lake Mead Classic, Coyote National, or Gator National), he/she must ride in the same class at the USA Cycling BMX National Championships. If the rider has not yet ridden one of the UCI races listed above, the rider may choose the class he/she will remain in until August 1<sup>st</sup>, 2008, including the World Championships in Taiyuan China.